The San Diego Cancer Research Institute is now offering social work support services to current patients to help with the emotional, social, spiritual and practical needs that may arise during treatment ...

Social work can help with a variety of concerns including:

- Short-term counseling and referrals to cancer center and community counseling during treatment
- Connection with community resources including: support groups, caregiving, transportation, financial assistance and home support
- Development of self-care plan as a cancer survivor
- Relaxation strategies including: mindfulness, meditation, breath work and guided visualization

Social work services provided by Erin Graves, MSW, ACSW #60986 under the supervision of Tammy Rogers, LCSW #26743. Erin is an Associate Clinical Social Worker with a concentration in healthcare. She has supported patients and their families at the UC San Diego **Health System Moores Cancer Center in** Radiation Oncology. She currently works with guests at the Chopra Center for Wellbeing where she is a certified meditation and Perfect Health educator. Her volunteer work at SDCRI includes co-creation and facilitation of "Moving Forward" patient support group and guest facilitator for Mindfulness Meditation. Her goal is to provide customized support services based on your individual needs, strengths and culture.



**To schedule an intake appointment:** Please call or email Mary or Juli at 760-536-7679 or maryh@sdcri.org

Location: San Diego Cancer Research Institute