


San Diego Cancer Research Institute
Encinitas Integrative Calendar

December 2014

The San Diego Cancer Research Institute
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[NOVEMBER CALENDAR IS ON THE OTHER SIDE.](#)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
1 9, 10, 11a Acupuncture with Kim/ Pacific College of Oriental Medicine	2 12pm-1:30pm Nutrition w/ Mary 2p-5p Living w/Cancer Support Grp 4:30-5:30p Gentle Zumba Yoga Vista	3 3p-4p Gentle Zumba Frogs Encinitas	4 10-11:30am Qigong with Reyna 9, 10, 11a Acupuncture with Kim/ Pacific College of Oriental Medicine	5 10a-12p "Artful Book of Wonders" w/ Alessandra REGISTER! 1pm-2pm Gentle Fitness @ Frogs
8 9, 10, 11a Acupuncture with Kim/ Pacific College of Oriental Medicine	9 12pm-1:30pm Nutrition w/ Jessica 2p-5p Living w/Cancer Support Grp 4:30-5:30p Gentle Zumba Yoga Vista	10 3p-4p Gentle Zumba Frogs Encinitas	11 10-11:30a Qigong w/Reyna Last Day 9, 10, 11a Acupuncture with Kim/ Pacific College of Oriental Medicine	12 10a-12p "Artful Book of Wonders" w/ Alessandra REGISTER! 1pm-2pm Gentle Fitness @ Frogs
15 9, 10, 11a Acupuncture with Kim/ Pacific College of Oriental Medicine	16 12pm-1:30pm Nutrition w/ Jessica 2p-5p Living w/Cancer Last Day 4:30-5:30p Gentle Zumba Yoga Vista	17 3p-4p Gentle Zumba Frogs Encinitas	18 9, 10, 11a Acupuncture with Kim/ Pacific College of Oriental Medicine Last Day of the Semester	19 10a-12p "Artful Book of Wonders" w/ Alessandra REGISTER! 1pm-2pm Gentle Fitness @ Frogs
				www.sdcri.org

Dear North San Diego County Community,

As many of you know, SDCRI's Integrative free services have become very popular over the last several years, and more recently, there has been a significant increase in patient participation. The program has kept growing to accommodate the equally growing need for integrative support services for those dealing with cancer. Due to this increase in client participation, the Integrative free services have outgrown SDCRI's ability to sustain them. Furthermore, three key supervisors of the program will be retiring or moving out of San Diego. You may have heard that, sadly, by the end of 2014, SDCRI will no longer be providing these free Integrative services in North County.

As these programs are so sought after and helpful to the patients, SDCRI is working with some larger institutions to find a way to transition over the operations of these free complementary services. This would be an ideal situation for the community. The details still need to be figured out and we will keep you informed as it moves along, so please visit our website for updates. In the interim, we will keep the program running until the end of the fall 2014.

The San Diego Cancer Research Institute, which was created in the year 2000, will continue as a non-profit with a focus on research, education and collaboration. Our web site will continue to offer educational programs, resources, updated news on integrative oncology, etc.

SDCRI is deeply grateful for all the volunteers love and selfless dedication to the welfare of the patients, the program and community over the past many years. The Integrative program was created almost 15 years ago and has become not only very successful but also a role model in its field and for other institutions to follow. Thousands of patients and family members have been supported over the years and for that we are deeply grateful and very proud.

With love, deep gratitude and much appreciation,
 SDCRI Integrative Oncology leadership