

*San Diego
Cancer Research
Institute*

Nutrition Discussion Group



*Please Join Mary Hollander R.N.
and Chef Jessica Leibovich*

Group sessions will alternate between class discussions about your individual nutritional concerns and needs, and classes on healthy diets for cancer patients, often including samples and recipes!

Every 1st, 2nd, 3rd, & 4th Tuesday

12pm — 1:30 pm

For more information, visit sdcri.org or call 760-536-7679

Check the monthly flyer for topics.